

**07 APRIL 2025**[www.bcmschools.org](http://www.bcmschools.org)

# BCM CAMPUS CONNECT

## WORLD HEALTH DAY MARKED BY NSS- LED INITIATIVES

On the occasion of World Health Day, NSS volunteers, students, and alumni of BCM School organized an array of activities to promote health and wellness, including food stalls and an online health test for students.



Food stalls, featuring nutritious and innovative dishes, were the highlight of the event. These stalls set up by enthusiastic teams of students, alumni, and NSS volunteers. The event was judged by Ms. Sanskriti, Ms. Tarveen, and Ms. Gurbinder who,



evaluated the stalls based on creativity, nutritional value, and presentation. Team Healthy Bites—comprising Anurag, Kamakshi, Samarth, Keshav, Divya, and Aditi—secured the first position, while Team Glorious Food Court, consisting of Ritika, Upneet, Navpreet, Parul, and Mannat, earned the second place.

## ORIENTATION SESSION AND HOUSE MEETING FOR CLASS VI



Orientation sessions, at the beginning of a new session, play a key role in helping students familiarize themselves with the school's rules and regulations, as well as assisting them in adjusting to the new environment.

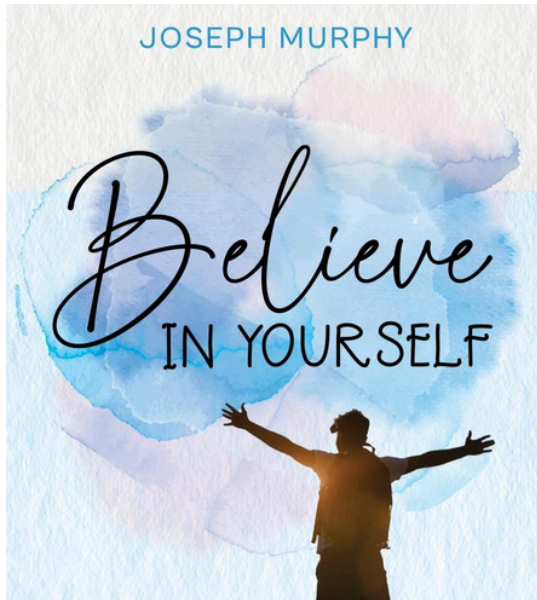


Mr. Sagar Khandelwal, the School Counsellor, conducted a two-day orientation session for the students of Class VI. During the sessions, he introduced them to the school's rules and regulations and emphasized that change is an inevitable part of life.

# CAMPUS CONNECT

## OPINION

### **BOOK OF THE DAY**



**Believe in Yourself by JOSEPH MURPHY** is a motivational and self-help book that emphasizes the power of the subconscious mind and self-belief. In short, the book teaches that by changing your thoughts and having unwavering faith in yourself, you can overcome obstacles, achieve success, and live a fulfilling life. Murphy uses spiritual principles and real-life examples to show how positive thinking and belief can transform your reality. It's an inspiring and practical guide for building confidence and harnessing inner power.

### **Five Dietitians you should follow :**

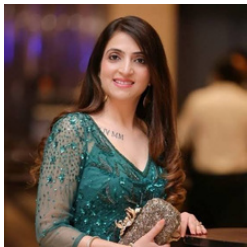
Simart Kathuria

Sheenam Kalra

Dr.Shikha Singh

Gunjan Taneja

Dietician Garima



### **PICTURE OF THE DAY:**



**"GOOD FOOD  
CHOICES ARE  
INVESTMENTS IN  
YOUR LONG TERM  
HEALTH AND  
HAPPINESS"**

### **BRAINLY BANTER**

I am an odd number. Take away a letter and I become even.  
What number am I ??

Vani Dhir ( XII COM A )  
Navya (XII ARTS A)